



Free Book Events available June, July & August 2021

by Spiritual Director Colette Lafia, author of
The Divine Heart: Seven Ways to Live in God's Love

- Events and talks available through Zoom
- Talks can be tailored for 60–90 minutes, depending on your interests.

Spiritual director Colette Lafia tells us that at the core of our being there is an ever-flowing love relationship with God, and it's here we find meaning in our lives. Beautifully expressed, with examples and awakenings from the author's own journey, *The Divine Heart* offers seven “invitations,” principles of spiritual practice that awaken us to the ever-abundant flow of Divine love.



Colette Lafia is a San Francisco-based writer, spiritual director, and retreat leader. She is the author of *Seeking Surrender, Comfort and Joy*, and *The Divine Heart* (May 2021). She has a passion for helping people connect more deeply with the presence of the sacred in daily life. She designs and facilitates retreats for an international audience, and has an active practice as a spiritual director. Learn more about Colette at www.colettelafia.com.

For Media Inquiries & Event Booking Information email Colette at colette.lafia@gmail.com.

Topics Available

1: Divine Heart: An invitation to hope, healing, and wholeness

Join author and spiritual director Colette Lafia to explore and strengthen our connection to Divine Love. Drawing from her new book, *The Divine Heart: Seven Ways to Live in God's Love*, Colette will give a short reading, offer a guided meditation, and lead you in spiritual journal writing. This will be a time to deepen your intimacy with God and awaken to the abundance of Divine love at the core of your being.

2: Our Relationship with the Divine: The Love Story We're All Living

The movement of our hearts towards Divine Love is the essence of spiritual experience. It's the basis of who we are and all we do. Spiritual director and author, Colette Lafia, will offer practices, prayers, and spiritual insights that will help you grow love-centered and Divinely inspired relationships with everyone and everything around you.

3: The Greatest Surprise About Intimacy with God

In her new book *The Divine Heart*, spiritual director Colette Lafia shares how our intimacy with God not only impacts our intimacy with self, others, and nature, but how our intimacy with others and the world around us also shapes our relationship with God. She draws on the wisdom of St. John of the Cross who consistently spoke of divine love as the template and model for all human love, and human love as the necessary school and preparation for any transcendent encounter, as Father Richard Rohr has pointed out.

4: What does “God is love” really mean?

We're all created from and for love. In *The Divine Heart*, Colette Lafia describes the ways we can more fully explore and experience this relationship of love—with God, with ourselves, with others, and with creation. Once we awaken to God as a dynamic force of love within ourselves and in the universe, we gain a new perspective and begin to cultivate a spiritual identity. Being in the flow of God's love is, for Colette, the very purpose of life. *The Divine Heart* presents seven “invitations” that can awaken us to this abundant flow of love at the core of our being.

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